

VEDANTA STUDY & OTHER CLASSES FOR ADULTS



Vedanta Study Group: While children attend the Bala Vihar Classes, parents/adults attend **Vedanta Study Group** for a deeper understanding of Bhagavad Geeta, Upanishads and other scriptures. The Study Group is conducted on Sundays 10:30 AM - 12PM

- ❖ **Sanskrit Class:** Ramalaya offers aspirants Sanskrit, the language of Gods, at beginner - advanced levels by expert teacher grounded in Vedantic teaching as well.
- ❖ **YOGA Classes:** are offered for parents/adults in parallel to Bala Vihar classes. Kids Yoga may be offered if parents interested.
- ❖ **Mini Lunches:** A volunteer program by Bala Vihar parents to provide healthy food to children and families after the Bala Vihar classes. All proceeds go to Ramalaya Building Project.

For details contact:
info@chinmayaramalaya.org



CHINMAYA RAMALAYA BUILDING PROJECT



- ❖ A 15000 sq. ft. building consists of shrine for Sri Rama Parivar as the presiding deities.
- ❖ 10 Well equipped Bala Vihar classrooms.
- ❖ Auditorium for Spiritual discourses (*Jnana Yajnas*) and Community events.
- ❖ Yoga Studio, Library, Camping, Kitchen and Dining facilities.

How Can You Help?

- ❖ Sponsor children's classrooms, Sri Rama Parivar shrine, Auditorium, Yoga studio, Library, a Tree or Sanctified Bricks.
- ❖ Be Patron trustee, Patron, Life Member, Annual Supporter of Chinmaya Ramalaya
- ❖ Provide interest free loan, Estate / Endowment donation
- ❖ Volunteer to teach in Bala Vihar, Mentor Youth Group, Swaranjali Group.

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Chinmaya Ramalaya Harleysville

www.chinmaya-ramalaya.org



Bala Vihar Program

*Children are not vessels to be
filled, but lamps to be lit!*

-Swami Chinmayananda

*To help children Learn Values with
fun, To delight like the moon
and shine like the sun!*

-Swami Tejomayananda

Mission Statement

*To provide to individuals from any
background, the wisdom of Vedanta and the
practical means for spiritual growth and
happiness, enabling them to become positive
contributors to the society.*



Bala Vihar Program



"Never can children's education be complete unless we impart in them the true appreciation of the eternal values of life" - Swami Chinmayananda

The goal of Bala Vihar is to motivate and inspire our children reach their maximum potential by imparting value based education through a specially designed, age-appropriate curriculum. The program helps children of all ages to develop good understanding of Hindu Spiritual and Cultural values.

Objectives of Bala Vihar:

- To cultivate in children a reverence for our rich cultural heritage and Sanatana Dharma, a virtuous living.
- To develop personal discipline.
- To develop Self Confidence.
- To foster the true spirit of leadership.
- To enrich Creativity in each one.
- To develop healthy resistance against temptations and peer pressures.
- Humility through service/volunteering.
- To help them to be successful in life.

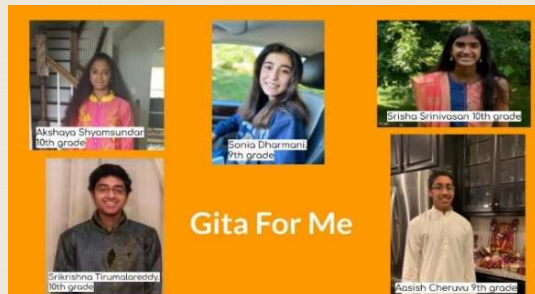


How Bala Vihar Works

- ❖ Bala Vihar is meant for children ages 4 to 18 years or Pre-Kg to 12th Grade.
- ❖ Classes meet on Sundays 10 AM - 12:30 PM during the regular school year (Sep. - June).
- ❖ Bala Vihar inculcates the values of Sanatana Dharma, a virtuous living, taught by our scriptures.



- ❖ The **Bala Vihar curriculum** includes systematic, age proportionate stories, puzzles, games, bhajans/hymns based on our scriptures including Ramayana, Bhagavatam, Bhagavad Geeta and highlights symbolism in Hinduism & its Cultural practices.
- ❖ The classes are conducted by volunteer teachers/sevaks trained in Curriculum.
- ❖ **Youth Group:** High school students participate in the Youth Group activities including community service that may help them for college admission.



Indian Languages & Other Programs

Language is the Gateway to the Culture and connection to one's roots, i.e., Bharat.

- ❖ **Telugu, Hindi, Tamil, Sanskrit, and Gujarathi** languages are offered; additional languages may be offered in future.
- ❖ Bilingual curriculum developed locally and resources by Chinmaya Mission West are utilized to teach simple conversation, reading and writing skills.
- ❖ **Geeta Chanting Competition:** Children are taught one chapter of Bhagavad Geeta with meaning each year, so they appreciate its glory since childhood.
- ❖ **Swaranjali:** A music group led by sevaks wherein children learn simple bhajans & songs to express their musical talent and perform during Balavihar programs.

Festival Celebration: Children celebrate major Hindu festivals such as Ganesh Chaturthi, Dasara, Diwali, Sankranti, Holi, Ugadi/Vishu, Gurupournima and learn significance of festivals in Indian culture.

